Jefferson City School District

SWECC Breakfast

AUGUST

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| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | | 1 |
| 4 | 5 | 6 | 7 | 8 |
| 11 | 12 | 13 | 14 | |
| 18 WG Cereal Variety Applesauce Milk Variety | 19 Egg/Chz/Sausage Tornado Mandarin Oranges Milk Variety | 20 WG Pancake Stick Fresh Apple Wedges Milk Variety | 21 Yogurt Banana Milk Variety | 22 WG Apple Cinnamon Muffin Peaches Milk Variety |
| 25 WG Cereal Variety Applesauce Milk Variety | 26 Biscuit Sandwich Hashbrown Patty Milk Variety | 27 WG Mini Bluberry Waffles Raisins Milk Variety | 28 Cheese Omelet Banana Milk Variety | WG Bagel & Cream Cheese Pears Milk Variety |

WG= Whole Grain

Whole Grain Cereal Variety: Cheerios, Cocoa Puffs, Rice Crispy or Kix Yogurt Variety: Yoplait Vanilla, Trix Str/Banana, Trix Triple Cherry, Trix Raspberry Rainbow, Dannon Light & Fit Milk Variety: White 1%, Skim or Soy Milk

Menu Subject to Change

